**Sample LMN for Active Aid 1218 Pediatric Rehab Shower /Commode Chair**

* Date of Service/Evaluation for a Pediatric Shower Commode Chair: 08.09.19
* Payor: XXXXXXXXXXXXXXXX
* Client name: T. T
* DOB: 11.01.07
* Ht: 50”
* Wt 70 lbs.
* Ordering Physician: Dr. XXXXXXX at University of XXXXXXXXXXXX
* Reason for referral: Shower/Commode evaluation due to outgrowing current device.

**DX- summary of medical condition, diagnosis/onset, prognosis and all co-morbid conditions**

**Primary DX:** Cerebral Palsy onset; Birth

**Treatment DX:** Spastic Quadriplegic, Multiple ortho/hip/ leg surgeries and requires support in abduction.

**Evaluating therapist expert credentials**

J S is a DPT with XXXX XXXX Hospital OP facility. Area of current practice is Pediatric Hospital OP facility.

I have been a PT for the last 20 years. I started specializing in Adult ortho and for the past 15 years have worked in Pediatrics with children from birth to 21yo**.**

**Functional/Physical Assessment**

T.T. has CP -Spastic Quadriplegia presentation, LE ROM issues, he is able to achieve -9 degrees of full L/E ROM at the hips and knees when stretched for >10 min. He presents with increased L/E tone which causes leg extension when upset or startled. He also has U/E tone which can cause arms to move in extension. His overall tone and L/E ROM deficits preclude that TT needs a supportive shower commode chair with tilt for safe and effective positioning in the shower and for his toileting program. TT. requires full body support and assistance for transfers for bathing and toileting.

**Shower /Commode History**

TT has a XXXXXXX XXXXXX as his current tub chair. He also has a XXXXXX seat for the toileting. He has outgrown the seat depth on both the toileting seat and the tub seat. The tub seat which sits on the floor of the tub in a tilted position is now too short and is no longer safe for his caregivers to bathe him this way. The family has installed a roll in shower in place of the tub due to TT recent growth and future bathing needs.

**Documentation of multiple other less costly devices considered**

We considered an XXX XXXXXXXX commode/shower chair and determined that it would not function safely for this client due to his DX of CP, presenting with lower extremity ROM deficits and extensor tone with hip thrusting. He cannot sit upright independently must have a wider base of support/frame and at least 20 degrees of tilt for safe bathing.

We also considered a XXXXXX XXXX XXXXXXXXXX and determined that would not work as effectively in the new roll in shower. It would also mean a second device for toileting. The family and caregivers all prefer to find one device that fits both needs.

**Documentation of the evaluation**

An in-clinic trail of two shower commode chairs was performed on 08.09.19. A XXXXXX XXXXX and an Active Aid 1218 were trialed. The XXXXXX XXXXX had great trunk support, but poor L/E support and no abduction wedge for TT’s legs. The Active Aid had good trunk support and had perfect leg & padded foot support. It also had an abduction wedge that TT was able to relax into to keep his legs abducted decreasing his L/E tone.

**Documentation and justification of the model of device being recommended**

The 1218 Pediatric Rehab Shower/Commode Chair with Tilt has a growth capacity up to 18”x18” and 250 lbs.

TT will be needing the follow components for support, alignment, comfort and safety.

* 60800-4 14”W x14”D Ensolite Front/Rear Open Seat for perineal hygiene.
* P13615 Left & P13616 Right Height-Adjustable Armrests to assist in upper body support. Height adjustment capability to allow for trunk growth with continued correct support.
* PL13610 Left & PR13610 Right Pediatric Leg Rest with PL11101 Left & PR11101 Right Padded Foot Plate to secure feet in aligned position and prevent injury to the feet if extension should happen while bathing.
* P61057 18” W adjustable Sling back to give posterior trunk and pelvic support.
* P1116 Bodypoint Trunk Belt & Waist Belt- To give anterior support to the trunk and pelvis for alignment and safety.
* PL13618 Left & PR13618 Right Hand Arm – Mounted hip guide- To center TT’s pelvis for alignment and safety.
* P61056 Abductor/Deflector- Small – To support TT’s Legs in abduction to assist with decreasing tone for alignment, safety and comfort. Comfort important when toileting.
* P13619 – Pan/Hanger for 14W Frame- Used when toileting.
* P13622 – Head support Small to support TT’s head and neck when tilted in the shower.

**Documentation of a home assessment**

A home assessment was performed on 08.15.19 by XXXXXXXX the DME supplier providing the equipment. XXXXXXXX stated that the new roll in shower will easily accommodate the Active Aid 1218 Pediatric Shower/Commode chair, with approx. an additional 2 feet of room all the way around the chair.

A demo Active Aid 1218 was brought to the home and both parents and caregiver were present. They understand and demonstrated use and function of the device.

**Plan of Care/Use**

TT’s family plans on daily use of the Shower/Commode chair.

Showering happens daily in the PM before bed. Toileting program is before school in the am and twice in the pm when returning from school.

Please feel free to call or email me if you have any questions regarding this recommendation:

Clinician Signature:

Physician Signature: